



Project Leadership Programme (Example)

Stress tolerance	Interpersonal sensitivity
Flexibility	Teamwork
Building and Maintaining Relationships	Project Management
Providing direction	Dealing with conflict
Motivating others	Management control
Self-confidence	Decisiveness
Empowering others	Drive
	Self-development

An Example – 4-Day Leadership Programme Outline

<i>Workshop 1</i>	<i>Workshop 2</i>	<i>Workshop 2a</i>	<i>Workshop 4</i>
MBTI (360 degree instrument optional) with feedback and team dynamics, type, communication and futures strategy Self-awareness, Values Values Elicitation & Goals	The Tapes We Play The Should Process Positive / Negative Thinking Fundamental Choice Solving the Solution 1/2/3 Problem Focus. Solution Focus What do you want? Process Solution Frame Problem V Solution	NLP Tools Body language The art of pacing Changing language Moving to win / win Conflict Resolution Team Building Partnership Working Delegation to empower Reducing blame and stress Leadership critical factors, Assertiveness Problem Resolution Tools	Project Management (ELMP) Leader as a Coach

Workshop contents can be refined to suit the needs of specific groups.

Optional Topics:

- PAC - self scoring profile
- Self Scoring Scales and Profiles
- Communicating with the People Around You
- Adult Tape
- The Child Tape
- Tape Identifying
- How to maintain adult to adult communication
- Why we do the behaviours
- Our Instinctive Response to certain behaviours
- How to Respond Effectively
- Receiving Criticism
- Positive Intention
- Careers Driver Survey
- Career Profile